

# FOR IMMEDIATE RELEASE

# **Cycling Event Supports Adaptive Cycling Program**

*June 22, 2023, Regina, SK* – A cross-country endeavor will see Matt and Nicole Devine of Ride for Change cycling 13,000 km across Canada in an effort to raise funds for adaptive bikes and tricycles. Collaborating with Hospitals of Regina Foundation, funds raised from the Saskatchewan portion of this fantastic endeavor will support the adaptive cycling program through our Children's Program at Wascana Rehabilitation Centre.

With more than 17,000 visits a year, the Children's Program helps kids learn to walk, talk, and how to be a kid again. The specialized adaptive cycling program provides children with a disability the chance to experience the joy and freedom that comes with riding a bicycle, as well as an opportunity to exercise and stay fit.

"Fred and I are parents to twins, Taylor and Ashlynn, who are both living with Cerebral Palsy. They are now approaching the age of 17 and have been benefitting from the Wascana Rehabilitation Centre's Children's Program for nearly 15 years. Family bike rides were not something that we ever thought we would be able to do, but with the help of the adaptive bike program at Wascana Rehab, it is now a favourite summer activity!" says Jennine Brooks.

"We are thankful to Matt and Nicole and the Ride for Change team for partnering with us on this event." says Dino Sophocleous, president and CEO, Hospitals of Regina Foundation. "Supporting the Children's Program at Wascana Rehabilitation Centre and ensuring all children have a chance to experience the joys of being a kid is always a priority for our Foundation. Without the support of partners such as Ride for Change, as well as our amazing community, none of this would be possible."

To help support the adaptive cycling program at the Wascana Rehabilitation Centre Children's Program through a donation, please visit <u>www.hrf.sk.ca</u> or call (306) 781-7500.

## **ABOUT HOSPITALS OF REGINA FOUNDATION**

In 1987, an inspired group of volunteers came together to make lives better for the people of southern Saskatchewan. Their vision helped establish Hospitals of Regina Foundation. We fundraise and invest in key centres of care, with a goal to help establish the best health care possible for everyone in our community. With the help of our dedicated donors, the Foundation has raised over \$235 million since our inception, and together we will continue to support the critical work of our medical teams and, most importantly, patients in Regina and southern Saskatchewan.

### ABOUT RIDE FOR CHANGE

Matt and Nicole Devine aim to promote individual health and well-being through transformation and leveraging this to fuel positive sustainable change in the world. Ride for Change strives to ensure that all individuals with a disability have access to an adaptive bike or cycling instruction, thus building independence and community spirit while enhancing quality of life and well-being.

#### FOR MORE INFORMATION:

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