

2025

ANNUAL REPORT



HOSPITALS OF REGINA®
FOUNDATION

Better lives. Made possible by you.

OUR MISSION

In collaboration with our partners, Hospitals of Regina Foundation raises funds to improve health care for the residents of southern Saskatchewan.

OUR VISION

To have a meaningful impact on the health of our southern Saskatchewan community.

OUR VALUES

Donor-Centricity

Gratitude

Trustworthiness

Forward Thinking

Focus on Excellence

Integrity

Working in Partnership

TOP 5 REASONS DONORS SUPPORT HOSPITALS OF REGINA FOUNDATION

- 1 Their family and/or friends are affected
- 2 They believe in supporting a good cause
- 3 They want to help people
- 4 They want to give back to the community
- 5 They believe it is the right thing to do

“The philanthropic spirit of our community remains the most important ingredient of our success. In 2025, this spirit was once again on display as individuals, organizations and businesses rallied together to support a variety of fundraising initiatives. Your unwavering commitment continues to make lives better for everyone who needs our hospitals. For that, we are deeply grateful.”

David Belof
Chair, Board of Directors

Dino Sophocleous
President and CEO



In 1987 we promised our community we would help deliver the best local health care possible to the people of southern Saskatchewan. In 2025, despite the uncertain economic environment, we once again delivered on this commitment, thanks to the unwavering support of our extraordinary donors, volunteers and partners, through a commitment of almost \$6 million for our hospitals and health care facilities.

After a significant upgrade was completed, our second catheterization lab at the Mosaic Heart Centre reopened in October 2025. Thanks to a successful \$2.5 million cardiac campaign, led by a \$1 million matching gift from Municipal Hail Insurance, it contains the most technologically advanced imaging system in the country.

In 2025, we committed \$1.7 million for our Maternal and Child Programs, including over \$600,000 for our Neonatal Intensive Care Unit, at the Rawlco Centre for Mother Baby Care. Our pediatric programs, which care for 20,000 children annually, remain the Foundation's highest priority.

Additionally, over \$1 million was earmarked for our operating rooms at both the Pasqua and Regina General Hospitals, including a new-to-Saskatchewan diagnostic system for breast cancer care, which allows doctors

to stage cancer more precisely and provide more efficient treatment options. Furthermore, \$400,000 was allocated for a new C-arm and surgical imaging table for the Interventional Radiology Unit at the Regina General Hospital, providing real-time X-ray imaging to guide minimally invasive procedures, including cancer treatments.

We also committed \$375,000 to provide technology upgrades in the Eye Centre at Pasqua Hospital, which serves 23,000 patients annually. The Eye Centre is a critical part of vision care in southern Saskatchewan.

The Foundation also maintained the investments in our medical fellowships program which supports physicians as they train to become specialists, typically out of province, with a commitment to practice in Regina. In 2025, a much needed fellowship in sleep medicine was supported through this program.

These are just a few examples of the projects and programs we supported in 2025. This support was the result of the exceptional contributions of our donors, partners, supporters, and volunteers, including our board of directors, who once again played an essential role in continuing the Foundation's tradition of being the charity of choice for the people of southern Saskatchewan.

The philanthropic spirit of our community remains the most important ingredient of our success. In 2025, this spirit was once again on display as individuals, organizations and businesses rallied together to support a variety of fundraising initiatives. People donated, held golf tournaments, community fundraisers, special events, and everything in between, to make a real difference in the lives of our families, friends and neighbours. Your unwavering commitment continues to make lives better for everyone who needs our hospitals. For that, we are deeply grateful.

We are also grateful for the hard work and dedication of our staff who continue to meet our professional standards and the expectations of our community. Additionally, we are thankful for the exceptional medical teams in our hospitals and health care facilities. It is their compassion, commitment and professionalism that delivers the outstanding care our patients receive every day.

David Belof
Chair, Board of Directors

Dino Sophocleous, CFRE
President & CEO

Minister of Health



Legislative Building
Regina, Saskatchewan



A Message from the Honourable Jeremy Cockrill Minister of Health

On behalf of Premier Scott Moe and the Government of Saskatchewan, I am pleased to extend our sincere appreciation and best wishes to Hospitals of Regina Foundation (HRF).

Our government remains committed to putting patients first and delivering high-quality health care as close to home as possible. HRF and its donors play an important part in making this commitment a reality.

HRF has raised over \$273 million since 1987 to enhance health care for the people of southern Saskatchewan. In 2025, HRF provided nearly \$6 million to support health care priorities, including operating room enhancements at both the Pasqua Hospital and Regina General Hospital, as well as the addition of a breast cancer diagnostic platform. This platform helps physicians locate cancer cells more precisely, and better inform treatment options for patients.

HRF also dedicated funding to enhance technology for maternal and child programs in Regina, such as:

- A new endoscopy suite tower for pediatric gastroenterology patients;
- Specialized bed systems for premature babies in the Neonatal Intensive Care Unit;
- New equipment for the Labour and Birth Unit operating rooms; and
- Four sleeper chairs for family members and a specialized infant care bed in the Mother Baby Unit.

HRF continues to support long-term care facilities, including the Wascana Rehabilitation Centre, Sunset Special Care Home, Regina Lutheran Home, Parkside Special Care Home and Elmview Special Care Home. These investments include patient lifts, bladder scanners and both regular and specialized beds, providing residents with enhanced care and comfort.

HRF has also dedicated ongoing annual investments in physician fellowship grants to enable physicians to pursue specialized training and practice in Regina. In 2025, this included two fellowships in pediatric and adolescent gynecology and one in sleep medicine.

HRF and its network of partners demonstrate that working together will generate meaningful and lasting impact for the people of our province.

Thank you again to the Foundation and its generous donors for advancing health care services as we work together to put patients first.

A stylized, handwritten signature in black ink, appearing to read 'Jeremy Cockrill'.

Jeremy Cockrill
Minister of Health



On behalf of the Saskatchewan Health Authority, it is an honour to recognize Hospitals of Regina Foundation and the generosity of their donors in strengthening health care across southern Saskatchewan. In 2025, Hospitals of Regina Foundation invested nearly \$6 million to target critical health care priorities. These vital investments in research and education, infrastructure, technology and capital equipment help ensure patients, families and care teams have the support they need. Our continued partnership and the generosity of the Foundation's donors make a lasting difference to patient care in Regina and throughout the province.

The Foundation invested \$1.7 million to support maternal and child programs, including \$600,000 in the Neonatal Intensive Care Unit. This funding enabled the purchase of a portable cooling system that provides urgent treatment for babies deprived of oxygen at birth, by reducing body temperature to help prevent brain injury and promote healing. This investment also funded a video laryngoscope, which uses high-resolution camera technology to assist medical teams intubating newborns. This results in significantly improved first-attempt success rates during intubation and higher oxygen saturation levels during these critical procedures. A further \$250,000 was provided for a specialized ultrasound system in the Fetal

Assessment Clinic at the Regina General Hospital, enhancing the ability of specialists to closely monitor women with high-risk pregnancies. These investments significantly improve the outcomes for some of our most vulnerable patients.

The Foundation's commitment of \$400,000 for a new C-arm and surgical imaging table for the Interventional Radiology Unit at the Regina General Hospital, reinforces our mutual commitment to innovation. This unit relies on real-time X-ray imaging to guide minimally invasive procedures, including cancer treatments, interventions for blocked blood vessels and pain management. These procedures reduce the risk of infection and significantly shorten recovery times, allowing patients to return home much sooner.

Over \$200,000 was invested in the electrophysiology program at the Mosaic Heart Centre. This included funding for a new anesthetic machine to support specialists in investigating the heart's electrical system and diagnosing and treating patients with abnormal heart rhythms.

The Eye Centre at Pasqua Hospital, which serves nearly 23,000 patients annually, received a \$375,000 investment in equipment upgrades. This investment plays a vital role in delivering timely vision care to patients in Regina and southern Saskatchewan.

The Foundation also funded upgrades to the Regina General Hospital courtyard, including new furniture, lighting, artwork, and enhanced landscaping and beautification. Time spent outdoors is known to support both physical and mental well-being, and this revitalized courtyard provides patients, families, and hospital staff with a peaceful and restorative space to pause, recharge and heal.

Across Saskatchewan, patients and care teams feel the impact of your donor's generosity every day. The Saskatchewan Health Authority is sincerely grateful to the Foundation and its donors for championing patient care and helping advance a health system grounded in compassion, innovation and meeting the needs of patients. Your continued support is essential to sustaining health services throughout the province, and together, we are shaping a stronger future for health care in Saskatchewan.

Thank you for the positive impact you have had in support of our patients, our providers, and our communities; your commitment leaves a lasting legacy of patient-centered care.

Andrew Will
Chief Executive Officer
Saskatchewan Health Authority

A legacy of love honours a sister and brings hope to young cancer patients



Luanne Drake, director, major gifts, Lorraine Gosselin and her husband, Marcel Magotiaux, and Dino Sopocleous, president and CEO, Hospitals of Regina Foundation

A generous \$500,000 donation from Lorraine Gosselin, made through the newly established K & L Gosselin Foundation, is making a lasting difference for children receiving cancer care in southern Saskatchewan. The gift will support the creation of a specialized pharmacy clean room for our Children's Cancer Clinic in the Regina General Hospital. Lorraine made the donation in memory of her sister Karen, who passed away from cancer in April 2024. The idea for the gift came from a powerful moment the two sisters shared during Karen's treatment, when she expressed concern for children facing the same difficult journey.

"I remember sitting with my sister during her treatment when she said, 'It's one thing for me to go through this, but what about the

little kids?' That statement struck me at my very core and ultimately prompted the decision to donate to the pharmacy clean room," says Lorraine. "I knew in my heart that this was the right choice to honour my sister."

The Foundation has committed to raise \$2.8 million to build the pharmacy clean room, which will give pharmacists a dedicated space with the tools and technology needed to prepare personalized chemotherapy for each child. Each personalized chemotherapy treatment must be created in a pharmacy clean room—a sterile space with stainless steel workspaces and negative air pressure. This is to protect the pharmacists and patients from any harm during the creation of custom medication, as chemotherapy drugs are highly toxic.

Additionally, the custom chemotherapy will be made in an isolated, stainless-steel cabinet with special air filtration systems to keep the chemotherapy preparation sterile so that the child does not get an infection from their treatment. This is critical because chemotherapy may also damage the child's immune system, reducing the number of infection fighting white-blood cells.

Personalized chemotherapy, customized to each child's specific cancer markers and same-day bloodwork, is the latest standard of care for children receiving active cancer treatment. This approach helps reduce harmful side effects and improves the chances of successful outcomes.

Regina is one of three designated pediatric centres in Saskatchewan and the only one in the southern part of the province. Currently, we do not have the capacity to prepare these life-saving, personalized treatments at the Regina General Hospital. While childhood cancer is rare, it remains the leading disease-related cause of death among children in Canada. Last year, 11 children from southern Saskatchewan were newly diagnosed with cancer and another 170 children received treatment, follow-up care or monitoring at our clinic.

THE FOUNDATION HAS COMMITTED TO RAISE \$2.8 MILLION TO BUILD THE PHARMACY CLEAN ROOM, WHICH WILL GIVE PHARMACISTS A DEDICATED SPACE WITH THE TOOLS AND TECHNOLOGY NEEDED TO PREPARE PERSONALIZED CHEMOTHERAPY FOR EACH CHILD.

Karen spent her final days in the Palliative Care Unit at the Pasqua Hospital, where she was surrounded by compassionate care. She had no children of her own but loved being around them and was known for spoiling the ones in her life. Lorraine chose to honour that love through a gift that will help give young patients the best possible care when they need it most.

The K & L Gosselin Foundation carries forward a family legacy of kindness and generosity. Through this gift, children and families facing cancer will benefit from the latest technology and improved treatment options. The Foundation is proud to recognize Lorraine and the K & L Gosselin Foundation for their leadership and compassion. Their generosity is helping us build a stronger future for pediatric cancer care in southern Saskatchewan.

A new inspirational pediatric ambassador



William Wild

Meet William Wild, Hospitals of Regina Foundation's new pediatric ambassador.

William is 10 years old and has been fundraising for our Neonatal Intensive Care Unit (NICU) through the Z99 Radiothon and Hospitals of Regina Foundation for five years. To date, he has raised \$5,656 by selling his home-baked cookies.

It all started when his school launched their annual fundraising drive in 2020 to support our NICU in the Rawlco Centre for Mother Baby Care, at Regina's General Hospital.

With his mom's help, William sells his cookies to family and friends, as well as to his mom's work colleagues. He then donates his sales to the school's overall Z99 Radiothon fundraiser. Every year, William raises the most money in his school, and he is excited to have his sister, Anna, aged seven, join him in 2026.

"It feels good to help other babies, like my cousin Karson who was also a NICU baby like me," says William. "It doesn't matter how much I raise, because any amount of money helps the babies."

Not only is William's philanthropy inspiring, but so is his own story of needing our NICU.

When he was just seven weeks old, William began having trouble breathing. He spent 12 days in our NICU, where doctors finally diagnosed him with Pierre Robin sequence. Babies born with Pierre Robin sequence have a smaller jaw and a cleft palate, and commonly experience breathing and feeding difficulties early on due to the tongue's position.

In William's case, his tongue was sitting too far back in his throat, regularly blocking his airway. He required specialized care, which he received in Edmonton. When William returned home, he still needed support from our NICU and required oxygen every night. At nine months old, he returned to Edmonton for special jaw extension surgery.

Today, William is healthy and active. He says he is happy to fundraise so other babies can have the same care he had. "I want to raise as much money as I can," he says.

William's mom, Christina, is in awe of her son. "We are so proud of him. He took this on all by himself!"

"We are honoured to have William become one of our pediatric ambassadors," says Dino Sophocleous, president and CEO, Hospitals of Regina Foundation. "He is courageous, thoughtful, and he is inspiring other people and kids to support children's health care. He sets an

example for all of us about the importance of good local health care and giving back to our community."



(Left to right) Dino Sophocleous (president and CEO, Hospitals of Regina Foundation), Anna Wild and William Wild

"IT FEELS GOOD TO HELP OTHER BABIES, LIKE MY COUSIN KARSON WHO WAS ALSO A NICU BABY LIKE ME," SAYS WILLIAM. "IT DOESN'T MATTER HOW MUCH I RAISE, BECAUSE ANY AMOUNT OF MONEY HELPS THE BABIES."

Bringing advanced pediatric care closer to home



Layla Cooke spent 58 days in our NICU

Children across southern Saskatchewan deserve access to exceptional care, as close to home as possible. Regina has been designated as one of only three pediatric care centres in Saskatchewan and the only one supporting children and families in southern Saskatchewan. Over the years, the Foundation has invested more than \$44 million in pediatric programs in our hospitals. In 2025, we committed \$4.7 million to make sure children and families across southern Saskatchewan receive the best care, close to their home and support network.

Babies born prematurely face a higher risk of serious health

complications because their organs are not fully developed. At our Neonatal Intensive Care Unit (NICU) in the Rawlco Centre for Mother Baby Care at the Regina General Hospital, the Foundation's investments help save lives and improve outcomes for our tiniest patients.

In 2025, the Foundation invested more than \$600,000 in the priority needs of our NICU, including a **cooling machine** that helps reduce the risk of brain injury in newborns following traumatic or oxygen-deprived births. Additionally, we invested in a **jet ventilator**, which provides life-saving breathing support for babies with severe lung challenges while gently protecting their developing lungs.

The Foundation also invested in priority needs within the Labour and Delivery Unit to support mothers and babies during birth. This included obstetrical **birthing beds** used in high-risk deliveries to help medical teams safely support mothers through every stage of labour. In addition, the Foundation funded two **anesthetic machines** so medical teams have the dedicated equipment they need for planned or emergency C-sections and emergency surgeries to address severe maternal conditions like major bleeding.

Newborns and mothers in the Mother Baby Unit also benefit from the generosity of our southern Saskatchewan community. This year, the Foundation invested in a **Panda Warmer**. This specialized bed helps maintain a newborn's body temperature immediately after birth and allows medical teams to complete assessments and care for the baby in a warm and controlled environment. **Sleep chairs** were also added to provide comfort for family members during extended hospital stays and the important early days following delivery.

Hospitals of Regina Foundation also supported the purchase of a **specialized ultrasound machine** for our Fetal Assessment Centre. This unit handles high-risk pregnancies, growth issues in pregnancy where the baby is not growing as expected and other

IN 2025, WE COMMITTED \$4.7 MILLION TO MAKE SURE CHILDREN AND FAMILIES ACROSS SOUTHERN SASKATCHEWAN RECEIVE THE BEST CARE, CLOSE TO THEIR HOME AND SUPPORT NETWORK.

complications. The new ultrasound provides Maternal Fetal Medicine specialists with detailed ultrasound tests, allowing them to identify complex conditions earlier. Earlier diagnosis helps care teams plan for delivery and supports better outcomes for both mother and baby.

While investments in technology and equipment are vital to the care our medical teams provide, the Foundation recognizes the importance of continuous learning around these advancements. In support of this, the Foundation provided \$10,000 for pediatric nursing professional development, which will help health care teams remain current with new treatment practices.

Together, these investments help ensure families across southern Saskatchewan receive the care they need, close to home, when it matters most.

A shining example of community spirit and partnership for kids



Batman and Deadpool visiting our pediatric unit

In September 2025, pediatric patients at the Regina General Hospital were treated to an unforgettable day of excitement and hope, thanks to a unique partnership between Hospitals of Regina Foundation, the Regina Police Service SWAT team and the Saskatchewan Health Authority.

The first-ever SWAT Superhero Rappel in the province, saw members of the SWAT team donning familiar superhero costumes and rappelling down the hospital’s exterior walls, thrilling young patients and their families gathered in the pediatric inpatient unit playroom. Children’s faces lit up with smiles and awe as superheroes paused at the windows and waved, turning an ordinary hospital day into a moment of pure joy.



Superheroes rappel from the roof of the Regina General Hospital

The action-packed event did not end there. The SWAT Superheroes and the RPS canine team made their way to the unit, visiting kids in the playroom and then making special visits to children receiving care throughout the unit who could not join the fun. Later, the team rappelled from the roof into the hospital’s main courtyard, bringing the spectacle to a larger crowd of excited patients, families and hospital staff.

The event, supported by presenting sponsor GMS and superhero sponsor TD Bank Group, successfully raised \$15,379 for critical pediatric programs, for Hospitals of Regina Foundation. Last year alone, more than 2,600 children received inpatient care at the Regina General Hospital, and an additional 3,800 children had outpatient visits—including to our Children’s Cancer Clinic.

“Most of us are fathers and have spent time in the pediatrics unit with our own children—so we get how incredibly difficult it can be,” said Cst. Paul McNutt of the Regina Police Service SWAT team. “We are grateful to have partnered with Hospitals of Regina Foundation to add a fundraising component, supporting pediatric care.”

With more than 20,000 kids needing our hospitals every year, supporting pediatric care remains the highest priority for the Foundation. The SWAT Superhero Rappel stands as a shining example of community

spirit and partnership, bringing joy and vital support to children and families facing challenging times in our hospitals.



Captain America gets an enthusiastic high five

“MOST OF US ARE FATHERS AND HAVE SPENT TIME IN THE PEDIATRICS UNIT WITH OUR OWN CHILDREN—SO WE GET HOW INCREDIBLY DIFFICULT IT CAN BE.”
Cst. Paul McNutt, RPS SWAT team



The RPS canine team visits a young patient

New sound booth expands access to early hearing care for children



Thanks to a \$275,000 investment by Hospitals of Regina Foundation, children across southern Saskatchewan now have increased access to early hearing assessment and intervention. A new diagnostic sound booth at the Wascana Rehabilitation Centre is helping more babies and children receive care for hearing loss during the early, and most important, stages of their development.

In use since mid-2025, the new booth is a soundproof testing space designed to serve a wide range of pediatric hearing care needs. It features two separate areas for assessment. One side is dedicated to diagnostic testing for infants who do not pass their newborn hearing screening. These babies require a full auditory brainstem response (ABR) test, which is considered the gold standard in infant

hearing assessment. The space is designed to be cozy and comfortable, helping babies sleep during testing. This is necessary as the test measures minute electrical responses from the brain to sounds. A quiet, sleeping state allows for accurate, low-noise recordings of the auditory nerve's response.

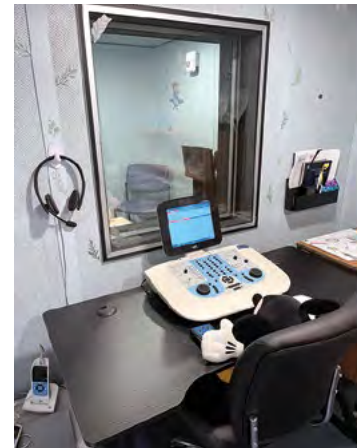
Once children reach about six months of age, they transition to behavioural hearing assessment. The second side of the booth is fully equipped for play-based testing, using engaging techniques to evaluate hearing in active toddlers and older children. This space is essential for ongoing assessments of children with known hearing loss and for testing those at risk of hearing changes due to certain medical conditions such as premature birth, severe jaundice, kidney disease, neurodegenerative disorders or autoimmune conditions.

Since the booth became operational, around 250 infants have received hearing assessments in the new space. Of these, 16 were identified with permanent hearing loss and received the full assessment needed to begin early intervention services. These services may include hearing aids or cochlear implants, referrals to Otologists (highly specialized ENT physicians), and language development support such as speech-language pathology and teaching American Sign Language. Research shows that children benefit most when these services begin by six months of age, making early diagnosis of hearing loss essential.

The demand for pediatric audiology services continues to grow. With public health audiology services available only in Regina and Saskatoon, the Wascana Rehabilitation Centre Children's Program in Regina supports 117 children with permanent hearing loss and monitors another 400 who are at risk of losing their hearing. The department receives 1,200 to 1,500 new referrals annually and completed 1,550 individual appointments in 2025.

The new booth is an important step forward in meeting the growing demand and helping children get the best start possible in life.

REGINA SUPPORTS 117 CHILDREN WITH PERMANENT HEARING LOSS AND MONITORS ANOTHER 400 WHO ARE AT RISK OF LOSING THEIR HEARING. THE DEPARTMENT RECEIVES 1,200 TO 1,500 NEW REFERRALS ANNUALLY AND COMPLETED 1,550 INDIVIDUAL APPOINTMENTS IN 2025.



Audiology booth



Sound booth

Fellowship Program invests in **future specialists** to serve southern Saskatchewan



Dr. Hammad Shaikh

Each year, more patients across southern Saskatchewan require specialized care for increasingly complex medical needs. With a shortage of medical specialists across North America, recruiting and retaining highly trained medical specialists is an increasing challenge for our Province.

In order to become a medical specialist, physicians must attend training programs, called Fellowships, which can be between one to three years in length, depending on the specialty. Most fellowship

programs are delivered in university affiliated hospitals in large urban centers so our doctors often must leave Saskatchewan for the duration of their fellowship. While they are receiving their training, many of these doctors are recruited by the hospital in which they train, or by other hospitals in that city. The recruitment and retention of medical specialists is an ongoing challenge faced by many smaller communities.

Hospitals of Regina Foundation sought to address southern Saskatchewan’s shortage in medical specialists by helping to recruit and retain them in Regina

so their advanced skills can benefit our community. In 2020, the Foundation launched its Fellowship Program to help fund advanced training opportunities for doctors pursuing subspecialties that fill urgent gaps in our health care system. Working with the Saskatchewan Health Authority to identify suitable candidates, the Foundation provides fellowship funding to physicians in exchange for a return of service of three to five years. To date, the Foundation has invested over \$800,000 and supported ten such specialists, eight of whom have already returned to provide specialized care to our southern Saskatchewan community. The practicing specialists are:

- Dr. Ernesto Figueiro Filho, Maternal Fetal Medicine Specialist
- Dr. Megan McLachlan, Cardiac Anesthesiologist
- Dr. Kristen Edwards, Child Psychiatrists
- Dr. Fiyin Peluola, Child Psychiatrist
- Dr. Asif Sherrif, Stroke Neurologist
- Dr. Izn Shahab, Multiple Sclerosis and Neuroinflammatory Disease
- Dr. Mohammed Nayeemuddin, Breast Imaging
- Dr. Patricia Jo, Breast Imaging

In July, 2025 Dr. Hammad Shaikh began his fellowship at

TO DATE, THE FOUNDATION HAS INVESTED OVER \$800,000 AND SUPPORTED TEN SUCH SPECIALISTS, EIGHT OF WHOM HAVE ALREADY RETURNED TO PROVIDE SPECIALIZED CARE TO OUR SOUTHERN SASKATCHEWAN COMMUNITY.

the University of Calgary in Sleep Medicine. Sleep disorders like sleep apnea affect nearly 30 per cent of Canadians, yet Regina currently has only one practicing sleep physician, who is nearing retirement. This fellowship will prepare Dr. Shaikh to step into a critical role in the respirology department and meet a growing demand for the diagnosis and treatment of sleep-related illnesses. He will begin his specialty sleep medicine practice in Regina in August 2026.

By investing in specialists like Dr. Shaikh, Hospitals of Regina Foundation helps define a future where people from across southern Saskatchewan can access specialist care, without leaving their community. These fellowships are made possible thanks to our generous donors, and their impact will be felt for decades to come through the provision of improved care to patients, right here at home.

Creating lasting impact through legacy giving



Ron and Lovella Jones

At its heart, legacy giving is about shaping the future of our community. It is a meaningful act of generosity and foresight that allows donors to extend their impact well beyond their lifetime. For Ron and Lovella Jones of Regina, giving back has always been a part of who they are. Their decision to include Hospitals of Regina Foundation in their Will is simply a continuation of that lifelong commitment to community.

If you have attended a major sporting event in Regina, chances are you have crossed paths with Ron or Lovella. They are well known for their enthusiastic support of local sports. As game day volunteer managers for the Saskatchewan Roughriders and longtime volunteers with the Regina Thunder football team, they are a regular presence at Mosaic Stadium. Their volunteer efforts also extend to events like hockey tournaments, curling championships, golf tournaments, the Queen

City Marathon and the Saskatchewan Winter Games. They even helped plan the 2022 Grey Cup Festival.

In addition to their strong connection to local sports, Ron and Lovella are passionate about supporting health care in Regina and southern Saskatchewan. When they updated their wills after retiring, they knew they wanted to make a lasting impact. That led them to choose Hospitals of Regina Foundation as the beneficiary of a legacy gift.

Their gift will be directed toward sports medicine, in the form of equipment, technology, research or fellowships, an area that reflects both their interests and their desire to support care that benefits a broad range of people. From young athletes to active older adults, Ron and Lovella believe that sports medicine touches all ages and backgrounds. They feel it is a way to give back in a manner that will serve the entire community.

For them, the Foundation's work checked all the right boxes. They have seen how investments in equipment and technology are helping people every day. They also appreciate how donor support makes those investments possible, which ultimately helps to recruit and retain skilled health care professionals.

LEGACY GIFTS LIKE RON AND LOVELLA'S HELP THE FOUNDATION CONTINUE TO INVEST IN PRIORITIES AND PROGRAMS ACROSS REGINA'S HOSPITALS AND HEALTH CARE FACILITIES, BENEFITING PEOPLE THROUGHOUT SOUTHERN SASKATCHEWAN.

Legacy gifts like Ron and Lovella's help the Foundation continue to invest in priorities and programs across Regina's hospitals and health care facilities, benefiting people throughout southern Saskatchewan. These gifts support the technology, equipment, education and research needed to deliver high-quality health care, while making it possible for future generations to receive that care close to home.

Ron and Lovella are among the growing number of donors who understand the power of planning for tomorrow. By choosing to leave their legacy gift through their Will, they are helping create better lives for people in our community, today and in the years to come. Their legacy will reflect a life of service and generosity that will continue to make a difference well into the future.

New surgical lights enhance precision and patient care in Ambulatory Care



Dr. Shukri Ghremida, plastic surgeon

Each year, surgeons perform up to 28,000 procedures at the ambulatory care units at our Regina General and Pasqua hospitals. Surgical lights are critical for safe and effective surgical interventions. A recent \$400,000 investment by Hospitals of Regina Foundation allowed for an upgrade to the surgical lighting at the ambulatory units, enabling our doctors to deliver more efficient, high-quality day surgery and enhancing patient safety.

Our ambulatory care units perform over 150 different procedures, many of which were once performed exclusively in traditional operating rooms. In fact, last year, surgeons performed more than 4,200 surgeries in Ambulatory Care that would have

previously been executed in a full operating room setting, allowing these patients to go home by the end of the day, rather than spent days in a hospital. These procedures include general surgeons repairing hernias,

plastic surgeons performing nerve and hand surgeries, surgeons releasing carpal tunnels, ophthalmologists conducting eye surgeries, and neurosurgeons adjusting pain pumps.

Completing these surgeries in an outpatient setting increases operating room availability for more complex cases and reduces surgical wait times. Last year, more than 27,500 traditional surgeries were performed in the 20 operating rooms at the Pasqua and Regina General hospitals.

The new lighting systems allow the surgical teams to control and adjust lighting during procedures. The new lights provide a broad spectrum of brightness, a range of spot sizes, and various colour temperature settings, allowing surgeons to customize the lighting to each procedure and their own preferences.



The new surgical lights are adjustable by a handle or a wall-mounted digital panel.

LAST YEAR, SURGEONS PERFORMED MORE THAN 4,200 SURGERIES IN AMBULATORY CARE THAT WOULD HAVE PREVIOUSLY BEEN EXECUTED IN A FULL OPERATING ROOM SETTING, ALLOWING THESE PATIENTS TO GO HOME BY THE END OF THE DAY, RATHER THAN SPENT DAYS IN A HOSPITAL.

Increased visibility is vital when performing delicate, complex procedures in an outpatient setting. The new lights include 360-degree rotation, providing ideal positioning over the surgical area. Surgeons can easily adjust the light directly via a handle or by a wall-mounted digital panel, enabling a smooth workflow while maintaining patient focus.

“I would like to thank Hospitals of Regina Foundation for funding new surgical lights for the Ambulatory Care units,” says Tom Stewart, executive director, acute care Regina. “These lights provide optimal surgical lighting during minor surgeries, offering patients access to surgery in a convenient, outpatient setting. I am grateful for the ongoing support from the Foundation to fund equipment that improves the care for our patients every day.”

Palliative care: an important part of modern health care



Hugh and Ruth Tice

Palliative care is a vital part of modern health care. Our Palliative Care Unit at the Pasqua Hospital and our Palliative Home Care program focus on improving the quality of life for people facing serious, chronic, or life-limiting illnesses. Unlike treatments aimed solely at curing disease, palliative care addresses the physical and emotional needs of patients and their families, regardless of age or stage

of illness. It is not merely for the end of life but can also be integrated early in the course of illness, in conjunction with other therapies that are intended to prolong life.

Hugh Tice had dementia for three years and was in supportive living at Wintergreene Estates, a private facility in Regina. He collapsed in November 2024 and staff at Wintergreene were unable to find his pulse. They

called EMS and paramedics took Hugh to the Pasqua Hospital where doctors provided medical intervention to keep his pulse rate up. In honour of his wishes, which he had shared with family, Hugh was removed from medical equipment and moved to our Palliative Care Unit where he spent the final week of his life, with his dedicated wife, Ruth and family at his side.

“If I had known how happy and comfortable Hugh would be, I would have brought him to palliative care much sooner,” says Ruth. “I couldn’t have asked for any better care. It gave him peace in his final days, and it gave me peace, too.”

Since 2017, Hospitals of Regina Foundation provides annual support for the priority needs of our nine-bed inpatient Palliative Care Unit at the Pasqua Hospital. This has included support for lift chairs, sleeper chairs or loveseats for families to stay in their loved-one’s room, beds and mattresses, furniture for the family room, kitchen and music room and therapy items such as sheepskins and air mattresses to prevent bedsores, to name just a few.

In addition, the Foundation also supports our Palliative Home Care program, which has staff care for patients who have chosen or are able to remain at home. These patients are often being cared for by loved ones, and support from palliative home

HOSPITALS OF REGINA FOUNDATION PROVIDES ANNUAL SUPPORT FOR THE PRIORITY NEEDS FOR OUR NINE-BED INPATIENT PALLIATIVE CARE UNIT AT THE PASQUA HOSPITAL.

care staff assures they receive the level of care necessary for their condition. In addition to providing medical care to patients, the palliative home care team also provides essential equipment such as hospital beds, patient lifts, and walkers. To support their work, the Foundation has invested in electric beds, lift chairs, walkers, safety items such as bedrails, as well as sheepskins and special air mattresses, to prevent bed sores.

For both the palliative inpatient and home care staff, the Foundation has also provided funding so they can access professional development and education opportunities.



Palliative Care Unit at the Pasqua Hospital

Community Spirit shines bright in 2025

Throughout 2025, events brought our community together in support of the Foundation's mission to improve health care for the people of Regina and southern Saskatchewan. Each event required remarkable commitment from organizers and volunteers, whose spirit of giving was on full display at every occasion.

Laughter and entertainment took center stage in January at the **High Noon Optimist Club Variety Show**, which raised \$10,000 in support of our Neonatal Intensive Care Unit (NICU) in the Rawlco Centre for Mother Baby Care, at Regina's General Hospital.



Pure Country 92.7 Snow Pitch Tournament

Teams of sporting enthusiasts braved the cold in March and hit the ball diamonds at the 10th annual **Pure Country 92.7 Snow Pitch Tournament**. This great event also raised an impressive \$12,069 to support pediatric care for children living in southern Saskatchewan.



An Evening in Greece Gala

Over 750 guests gathered together at the Delta Hotel for the 31st annual **An Evening in Greece Gala**, also held in March. Participants immersed themselves in the richness of Greek culture, delectable cuisine and captivating entertainment. Thanks to the hard work of the organizing committee and support from Knight Cares and all the sponsors, the event raised a record \$300,000 to support health care right here at home.

The 38th annual **Z99 Radiothon**, held on March 20th in support of our NICU in the Rawlco Centre for Mother Baby Care, brought together our Regina and southern Saskatchewan community to help save babies' lives. A total of \$445,694 was raised to provide our pediatric teams with the technology they need to care for our tiniest patients, as close to home as possible.

The **Chinese Spring Festival Celebration** in April raised \$12,170 in support of our pediatric programs, as attendees enjoyed traditional performances, delicious food and festive activities. Also in April, Sherwood Co-op and Co-op Refinery Complex held the 11th annual **Litres for Little Ones** at all

Sherwood Co-op gas bars in Regina, donating 20¢ for every litre of fuel sold. The event raised \$35,088 to support the priority needs of our NICU and the 500 babies who receive life-saving care in the unit every year.



Cardiac Care 5K Walk/Run

In May, the annual **Cardiac Care 5K Walk/Run**, raised \$8,580 for our Cardiac Care Unit at Regina's General Hospital. Participants of all ages laced up their sneakers to raise awareness about cardiac health and the importance of this life-saving unit. Additionally, the **RCMP Fundraising Dinner** raised \$20,000 in support of respite and rehabilitation services at our Children's Program at the Wascana Rehabilitation Centre, so kids and their families from southern Saskatchewan receive the best care possible, right here close to home.

Trail runners embraced the challenge of the rugged terrain at White Butte Trails for the **Bigfoot 50 Trail Run** in June, raising \$3,760 in support of our Burn Unit at Regina's General Hospital.

The annual **Motorcycle Ride for the Boys** was held in July. The riders raised a record \$34,394

to benefit our Prostate Assessment Centre at the Pasqua Hospital.

The Foundation benefited from four other events in July. Golfers at the **Eric Calibaba Memorial Golf Tournament** raised \$29,789 in support of our NICU, helping the Foundation invest in priority needs for the Unit. **The Teddy Bear Bash** brought children of all ages together to have their stuffed toys checked out by our medical teams and to raise \$2,113 in support of pediatric programs at the Regina General Hospital. The **Indian Head Bakery Charity BBQ** raised \$2,300 on Canada Day, in support of our NICU, and the **Flats Eatery and Drinks** donated \$1 from every burger sold between July 1 and September 30, raising \$1,712 for our hospitals.

The picturesque orchards at Over the Hill Orchards and Winery were the backdrop in August for the 3rd annual **Ladybug Festival Picnic**, in memory of Sally Elliott. This fantastic event raised \$3,000 in support of our NICU. The **Mexican Scramble Golf Tournament** at the Murray Golf combined golf and Mexican cuisine into one amazing day. This annual event raised \$3,835, in support of the priority needs of our NICU, as did the first **Clay Catley Memorial Ranch Rodeo**, also held in August, which raised \$1,240 for our NICU. The **BOMA Golf Classic**, held at Deer Valley Golf Club, raised \$3,120 in support of our pediatric programs, which provide care to 20,000 kids from southern Saskatchewan each year.

September was a busy month for our event organizers, starting with the **GMS Queen City Marathon**, which contributed \$3,463 to the Foundation. New this year was the Regina Police Service **SWAT Superhero Rappel**. SWAT team members, dressed as familiar superheroes, rappelled down the outside of the Regina General Hospital and paused at the pediatric inpatient unit playroom's windows delighting our young patients. The superheroes, and their canine unit, then visited the children in the unit, providing a fun and exciting day for the kids. This event raised \$15,379 in support of our pediatric programs.



McDonald's Regina, Weyburn and Estevan

McDonald's locations in Yorkton and Melville encouraged donations at the till in September. During that time, they also donated proceeds from hot coffee beverages, resulting in a total donation of \$2,000 for Regina's NICU.

In November and December, **McDonald's** restaurants in Regina, Weyburn, and Estevan ran their annual donations at the till campaign in support of our pediatric programs. Their efforts resulted in a remarkable \$21,000, which will help children from across southern Saskatchewan receive the best care, as close to home as possible.


As we celebrate these successful community events, let us also recognize the dedication and hard work of the organizers and volunteers, and the generosity of participants who continue to embody the amazing philanthropic spirit of southern Saskatchewan.



2025 Four Seasons Ball



2025 Four Seasons Ball



Four Seasons Ball
A HOSPITALS OF REGINA FOUNDATION FUNDRAISER

In May 2025, the Conexus Arts Centre in Regina was once again transformed for the elegant Four Seasons Ball.

It was a memorable night with fine dining, world-class entertainment including an outstanding performance by actor and comedian, Paul Reiser, and a community brought together to raise funds for children's health care in Regina and southern Saskatchewan. We are grateful to the Hornoi Group of Companies, our presenting sponsor, as well as all the event's sponsors, supporters and volunteers whose efforts ensure the ongoing success of this incredible gala, in support of our pediatric programs.

In 2025, this remarkable event raised \$444,020 for our pediatric programs in Regina's hospitals, ensuring that our pediatric teams will have the technology they need to deliver the best care possible to our children, right here at home.



Gift of Giving Gala

Also in September, the **Uncover the Cure Cocktail Party**, hosted by Evan Bray of The Evan Bray Show and 980 CJME was held at the Wascana Country Club. It featured impeccable food, fine wine and a chance to win luxurious prizes, raising \$51,856 for our Prostate Assessment Centre at the Pasqua Hospital. The roaring twenties themed **Gift of Giving Gala**, raised \$17,756 in support for our inpatient Adolescent Mental Health Unit and Saskatchewan's only Youth Detox Centre at the Regina General Hospital.

Home Lottery continues to make dreams come true



2025 Spring Grand Prize Showhome

SINCE 1987, OUR HOME LOTTERY PROGRAM HAS BENEFITED REGINA'S HOSPITALS, FUNDING CRITICAL MEDICAL TECHNOLOGY, RESEARCH AND EDUCATIONAL PROGRAMS THAT IMPROVE HEALTH CARE FOR THE PEOPLE OF SOUTHERN SASKATCHEWAN. THIS YEAR WAS NO EXCEPTION, WITH THE LOTTERY PROGRAM RAISING MORE THAN \$3.3 MILLION!

2025 was another successful year for the Foundation's Home Lottery program.

Brandie Bouvier of Regina was the big winner in the spring, taking the keys to the \$1.6 million Ripplinger-built Grand Prize Showhome, plus \$50,000. Jill and Don McDougall from Regina claimed our 50/50 Add-On prize, winning an incredible \$560,900. The Early Bird winner was Joanna Chisholm from Regina, who had a choice between a 2025 Corvette Stingray or \$100,000. The Membership Loyalty Prize went to Brad Heidt of Kerrobert, Sask, who won \$10,000. Our Bonus Prize winners were Cindy and Dennis Mainil of Weyburn, who had to choose between a Lexus UX300H and a Bahamas trip or \$75,000.

The 2025 Fall Home Lottery winners took home some equally impressive prizes. Christian Flaman of Regina was the winner of the Ripplinger-built \$1.7 million Grand Prize Showhome and \$50,000. Gerald Mydan of Regina took home \$535,375 in another \$1 million plus 50/50 Add-On, and Dorianne Piller of Balgonie was our Early Bird Winner of

the Audi & Australia Vacation Package or \$110,000.

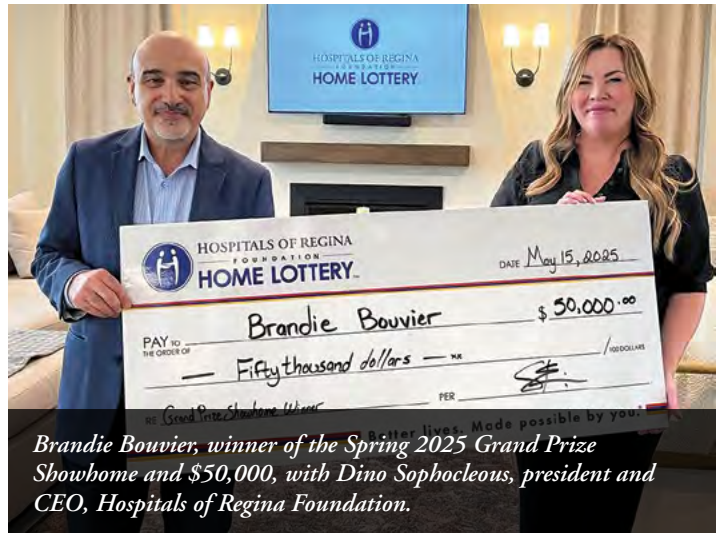
We are grateful for everyone who supported this year's lottery, helping us invest in the best health care possible for patients right here at home. All funds raised are directed toward the most urgent needs in our hospitals and health care facilities.



2025 Fall Grand Prize Showhome



Christian Flaman, winner of the \$1.7 million Fall 2025 Grand Prize Showhome and \$50,000 with Dino Sophocleous, president and CEO, Hospitals of Regina Foundation.



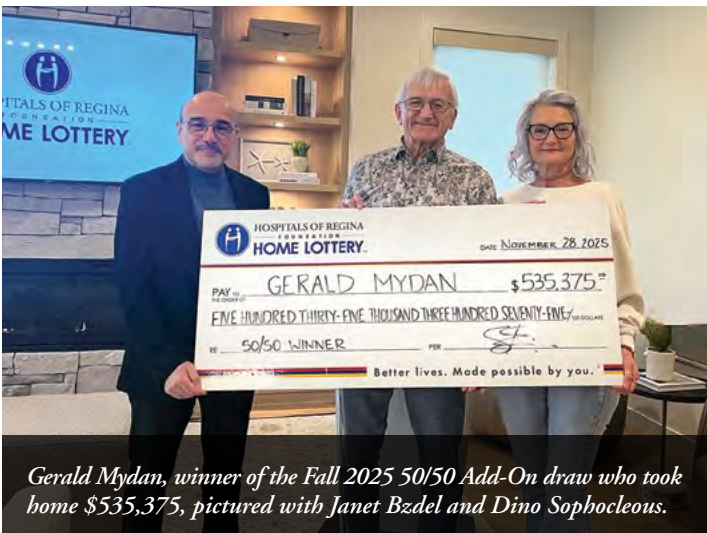
Brandie Bouvier, winner of the Spring 2025 Grand Prize Showhome and \$50,000, with Dino Sophocleous, president and CEO, Hospitals of Regina Foundation.



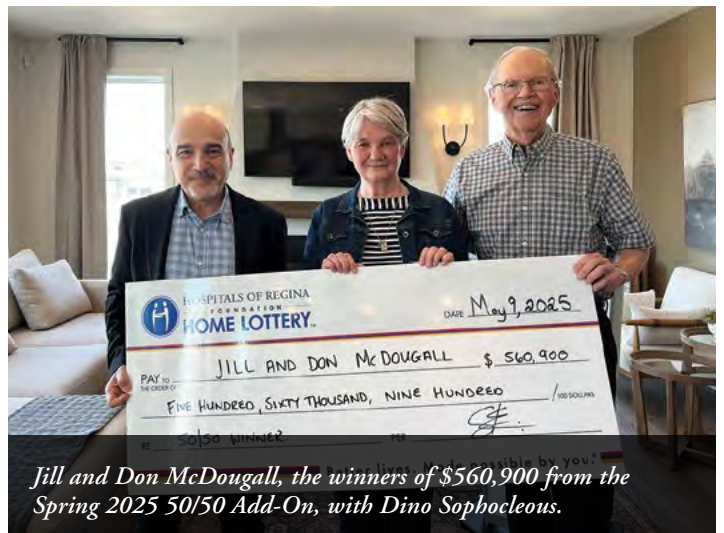
Dorianne Piller, winner of the Fall 2025 Early Bird Audi and Australia Vacation Package or \$110,000 with Dino Sophocleous.



Joanna Chisholm, winner of \$100,000 from the Spring 2025 Early Bird prize, with Dino Sophocleous.



Gerald Mydan, winner of the Fall 2025 50/50 Add-On draw who took home \$535,375, pictured with Janet Bzdel and Dino Sophocleous.



Jill and Don McDougall, the winners of \$560,900 from the Spring 2025 50/50 Add-On, with Dino Sophocleous.

Summary Statement of Financial Position December 31, 2025, with comparative information for December 31, 2024

	2025	2024
Assets		
Current assets		
Cash	\$ 3,043,198	\$ 4,370,802
Short-term investments	50,989,405	43,876,718
Accounts receivable and accrued interest receivable	349,408	964,836
Lottery deposits and receivables	996,337	542,520
Prepaid expenses	102,221	53,511
Gift shop inventory	51,104	50,338
Pledges receivable	2,617,925	2,771,780
Planned giving receivable	506,860	2,127,231
	58,656,458	54,757,736
Investments	29,682,393	26,952,783
Tangible capital assets	171,667	147,012
	\$ 88,510,518	\$ 81,857,531
Liabilities and net assets		
Current liabilities		
Accounts payable	\$ 1,146,675	\$ 1,939,993
Deferred revenue	23,854	6,050
	1,170,529	1,949,043
Long term liabilities		
Deferred pledge revenue	2,617,925	2,771,780
Deferred planned gifts	506,860	2,127,231
	4,295,314	6,845,054
Net assets		
Investment in tangible capital assets	171,667	147,012
Operating reserve	2,000,000	2,000,000
Designated funds	74,861,352	66,689,229
Endowment and special purpose funds	7,182,185	6,176,236
	84,215,204	75,012,477
	\$ 88,210,518	\$ 81,857,531

Summary Statement of Operations and Changes in Net Assets For the year ended December 31, 2025, with comparative information for December 31, 2024

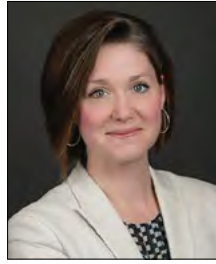
	2025	2024
Revenue:		
Charitable giving	\$ 7,016,332	\$ 8,584,161
Charitable gaming	3,389,407	3,216,955
Gift shop revenue (net)	91,075	48,213
Investment income	5,940,367	4,174,223
Unrealized gains (losses) on investments	(1,463,479)	690,874
	14,973,702	16,714,426
Expenses:		
Direct fundraising costs	543,751	451,118
Administration	444,523	535,267
Communications and marketing	120,509	108,191
Salaries and benefits	1,918,187	1,778,054
	3,026,970	2,872,630
Excess of revenue over expenses	11,946,732	13,841,796
Net assets, beginning of year	75,012,477	65,541,057
Distributions	(2,744,005)	(4,370,376)
Net assets, end of year	\$ 84,215,204	\$ 75,012,477

These summarized financial statements of Hospitals of Regina Foundation Inc. are derived from the complete financial statements as at and for the year ended December 31, 2025, prepared in accordance with Canadian Accounting Standards for Not-for-Profit Organizations.

The complete audited financial statements of Hospitals of Regina Foundation Inc. are available at <https://www.hrf.sk.ca/en/who-we-are/annual-reports>.



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Deloitte Canada



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SGI



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Southern Saskatchewan
RBC



Laurel Garven
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Strategy
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Assistant Professor of
Clinical Radiology
University of Saskatchewan



Jordan Hardy
Partner
MLT Aikins LLP



Troy King
Vice President, Finance and
Business Performance and
Chief Financial Officer
SaskPower



Tom Newton
Vice President and
General Manager (retired)
Rawlco Radio



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AVP, Client Success
Cooperators/CUMIS



Amanda M. Quayle, K.C.
Partner
McDougall Gauley LLP



Shannon Weatherall
Chief Financial Officer
ACCESS Communications
Co-operative Limited

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David Belof

Vice Chair of the Board:
Leah Reid

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- Leah Reid
- Jordan Hardy
- Tom Newton

**Audit and Finance
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- Troy King
- Charlene Gavel
- Tim Owens

LAST YEAR IN REGINA'S HOSPITALS



27,559
SURGERIES
PERFORMED IN
REGINA'S HOSPITALS



38,837
CT SCANS
PERFORMED



99,662
EMERGENCY
ROOM VISITS



2,590
CATHETERIZATION
LAB PROCEDURES



500
BABIES NEEDED
REGINA'S NICU



23,078
PATIENTS AT THE
EYE CENTRE

180

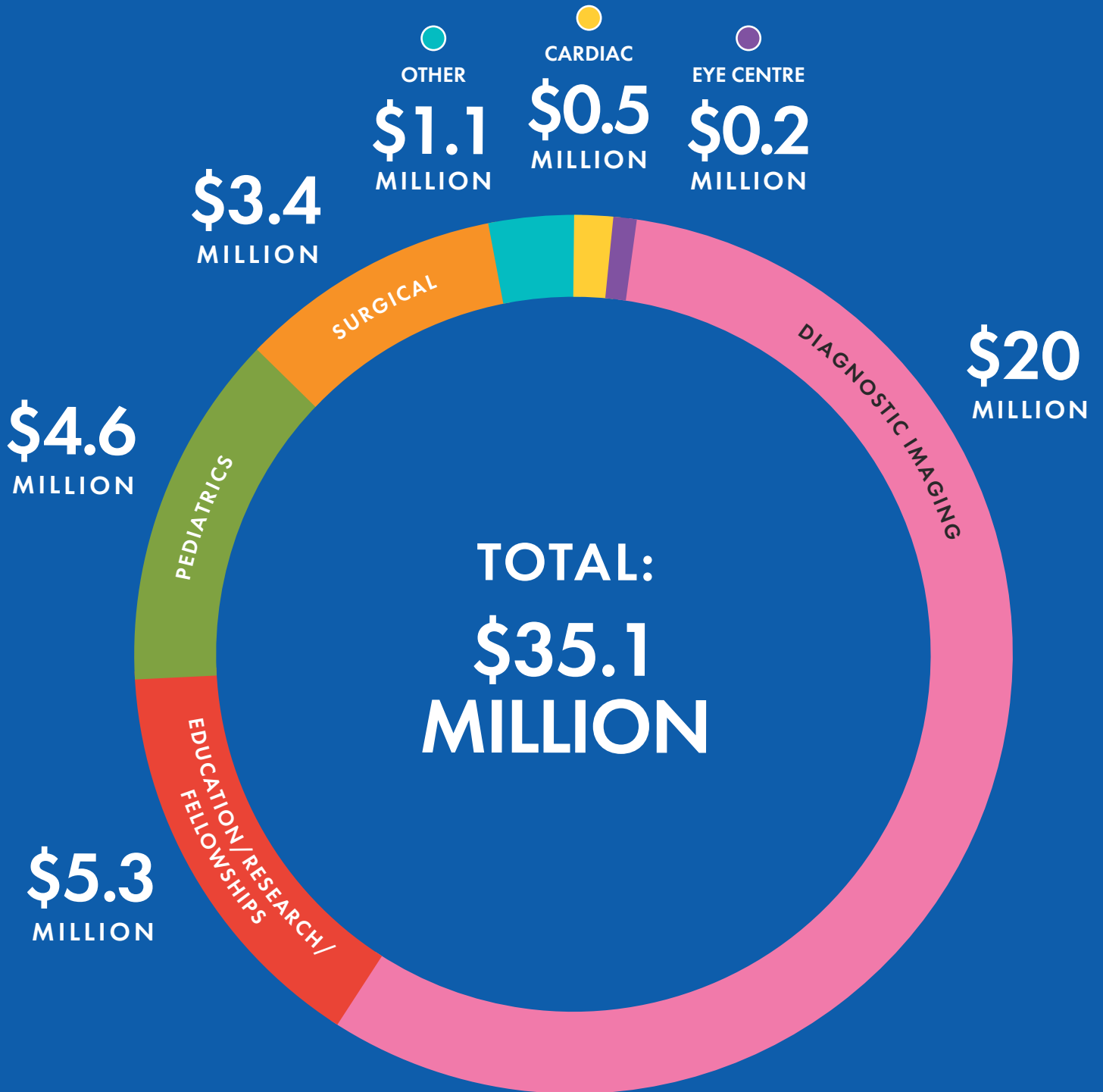
KIDS RECEIVE
CARE IN OUR
CHILDREN'S
CANCER CLINIC
ANNUALLY



14,335

VISITS TO THE
CHILDREN'S PROGRAM AT
WASCANA REHAB CENTRE





*Projects the Foundation has committed to support, not yet completed.



HOSPITALS OF REGINA®
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